



SankalpaSicily is a project for life. Four years ago a seed was planted in Rishikesh India. In the summer of 2017 we organised our first retreat and we are now dedicating even more energy into this project we strongly believe in. We, Francesca and Sara, both share a deep love for Ashtanga yoga and the sunny island of Sicily. We can't wait to meet you and make the most out of your stay here in Sicily.

We believe that with great teachers, ambiance, food and with our dedication all combined we are delivering a 360 degree retreat experience.



The space in between

The amazing island of Sicily has got a lot to offer in-between the daily yoga classes, we will be delighted to help the guests to get a truly Sicilian experience. During the week there will be plenty of time to explore and indulge into Sicily in all senses.

Music and dance as an expression is something we strongly believe in and according to the group we will offer a music event during your stay with us. Leaving space to let go and to grow in new spaces, we welcome you to join this retreat with an open heart.

We warmly welcome you to Sicily in 2020.

SankalpaSicily is strategically placed in the heart of the southern province of Ragusa. The Baglio, (a traditional rural structure built with the local white stone around an internal courtyard) is located in a quiet place in the unique Hyblean Countryside. Pastures, fields, walking paths, surround the property. Fresh air and tranquility are in abundance.



The province of Ragusa has a rich artistic and cultural heritage. Here you can enjoy and explore the world renowned Sicilian Cuisine, Hospitality and Baroque Architecture, just to name a few.





From Ragusa Ibla's stunning setting, defined as an island within an island, to Modica, with its magnificent churches, looming domes and a long tradition of chocolate making, to Scicli a fascinating little town off the beaten track made famous with the series of Inspector Montalbano. In close proximity (8km) you will find Marina di Ragusa, a beach town with shops, restaurants, beach lidos and long sandy stretches of golden sand washed by the waves from the Mediterranean Sea.



If you are looking for a more chilled beach experience Cava Randello is for you, with its untouched quiet beaches tainted by the Mediterranean green scrubland and its crystal clear waters.

Costa del Carro is ideal for those who like rocks, the waters here are ideal for snorkelling and swimming.

Just to name a few, the area is full of surprises and very rewarding as a tourist destination.



Price list Students

1 person, twin shared	550 Euro
1 person, Single occupancy shared bathroom	800 Euro
1 person, Single occupancy private bathroom	900 Euro

All accommodation offers, AC, kitchenette, fridge, hot and cold water as well as WIFI.



Above prices includes accommodation and food for a one-week retreat.

We are what we eat

We offer a wholesome abundant buffet brunch and an early buffet dinner. Fresh fruits in season, dried fruits, tea and herbal infusions will be available throughout the day.

We provide delicious, healthy, simple Sicilian inspired Vegetarian/Vegan /Raw food dishes made with local fresh ingredients and Love.

We strongly believe in local produce, from Farm to Fork and to establish a close contact with local farmers and their products.



How to get here:

We highly recommend the guests to organise among themselves a hire car, which will be very useful during their stay.

From Catania Fontanarossa Airport

By Car:

Take the Catania-Syracuse Highway E 45 towards Syracuse, take the exit Lentini, and merge onto S.S 194 Ragusa continue towards Ragusa on S.S 514 and s.s 115 Take the exit, towards Marina di Ragusa SP 25. Approximately 1 hour and 30 min

By Bus

There is a bus available almost every hour direct to Ragusa. You can check online on www.etnatrasporti.it From Ragusa there is a bus every hour, which will take you to the junction close to where SankalpaSicily is located.

From Comiso Airport

By Car

From Comiso Airport take SP5, continue onto SP30 and merge onto SS514 towards Ragusa. Take the exit towards Marina di Ragusa SP25

Approximately 30min

By Bus

There are busses running from Comiso airport to Ragusa town at the time of research.

Tourist Assistance

The amazing island of Sicily has got a lot to offer in-between the daily yoga classes, we will be delighted to help the guests to get a truly Sicilian experience. Upon request we organise airport transfers and a shuttle bus for beach visits or visits to nearby tourist attractions, all at the expenses of students.



Don't hesitate to contact us for further information or any questions you may have.

It would be amazing to be able to have you here and to make your retreat an unforgettable one.



See you soon in Sicily

SankalpaSicily
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